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Instant Pot Cookbook: 150 Healthy And Super Easy Recipes For Your Electric Pressure Cooker



Synopsis

150 Instant Pot Recipes: The Easiest Way To Stay Healthy & Throw Away Your "Fat Clothes"!
So, you have decided to start eating more healthily. You think it's time to adopt a healthier diet but you are not ready to compromise taste or fall prey to common starvation diet plans. Congratulations! We have the key to delicious healthy meals, easily prepared from the convenience of your home!
Meet Instant Pot: A smart 7-in-1 advanced cooker to be used as an Electric Strain Cooker, Slow Cooker, Rice Cooker, Steamer, Yogurt Maker, Sauté/Browning Pan, or Warming Pot! Slash meal preparation time to JUST A FEW MINUTES with amazing multipurpose Instant Pot & prepare divine home-made salads, short ribs, pasta Bolognese, pork, chilli chicken wings or ethnic food in no time! Easy to operate, Instant Pot is a tremendous Time Saver, a MUST HAVE for the fast, heavenly dishes presented in our delicious recipes! Treat Yourself To 150 Healthy And Easy Instant Pot Recipes, Stay Healthy & Watch Pounds Melt Off Your Body!

Book Information

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Pressure Cookers

Customer Reviews

Half of the sentences don't make sense. It makes me nervous to follow any recipe that calls for mugs of flour or malformed chicken.

Don't waste your \$. It appears the book was originally written in a language other than English and a electronic translator. It makes no sense. Because of this, I am not comfortable using the recipes.

Here is an example: "WHAT'S AN INSTANT POT? IT'S MILES AN INTELLIGENT, 7-IN-1 MULTI-PURPOSEFUL COOKER. IT DOES THE PROCESS OF AN ELECTRIC STRAIN COOKER"
I am deleting it from my Kindle library. If I could return it I would.

This book is worth the price. I really liked this one. She goes into much detail and explains a lot of the functions of your Instant Pot. Also, gives you alternatives to some of her recipes. Well worth the money. I think you'll enjoy the information and making these recipes.

Great recipe book to cook food on instant pot device, this book included more than 150 recipes that will surely give you pleasure to cook and taste. Even if you are not familiar with instant pot this book will help you to introduce with this device too.

What is great about the instant pot is that you can put all the ingredients in a pot and leave it. This book offers over a 100 recipes which you can prepare with an instant pot and have a delicious meal.

This book has a lot of information on instant pot cooking and it will help a lot of people without any problem. The guidebook will help you through all your cooking problems.

In the introduction, I had "chefs" for cooks, "sluggish cooking utensil" for slow cooker, both "stress" and "strain" for pressure. The first recipe called for "will urinary organ beans" instead of kidney beans. Some of the other ingredients I couldn't figure out at all. You might like this book if you like word puzzles or mistranslations, but not as a recipe/cook book.

Ridiculous - don't buy. Positive reviews are fake. It's all gobbledygook.

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